

IN THE CLAIMS:

1. A breast pad having a main body formed by laminating a waterproof member on an outside of a liquid-absorbing member, characterized in that:

5 said main body is provided with elastic members each disposed at a respective side edge portion of said main body and concave grooves each provided inside each of said elastic members and extended in an expansion direction of each of said elastic members.

2. The breast pad as recited in claim 1, wherein said concave groove curves along said expansion direction of said elastic member.

3. The breast pad as recited in claim 1, wherein said concave groove curves so as to protrude toward a central portion of said main body along said expansion direction of said elastic member.

4. The breast pad as recited in any one of claims 1 to 3, further comprising a surface member which comes in contact with a user's skin, said surface member being disposed on a surface of said liquid-absorbing member opposite to a surface on which said waterproof member is disposed and a cushion member disposed between
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said liquid-absorbing member and said surface member.

5. The breast pad as recited in claim 4, wherein said surface member is provided with said concave grooves at both side portions of a nipple-contact portion of said surface member.

6. A breast pad having a main body formed by laminating and adhering a liquid-absorbing member, a waterproof member disposed at an outside of said liquid-absorbing member and a surface member disposed on a surface of said liquid-absorbing member opposite to a surface on which said waterproof is disposed, characterized in that:

said main body further comprises elastic members each disposed on a respective side edge portion of said main body, and side edges of said surface member to be disposed at a user's skin side is folded so as to embrace side edges of said liquid-absorbing member therein.

7. The breast pad recited in claim 6, wherein said edge portion of said surface member is folded so as to embrace said liquid-absorbing member and said elastic member therein at a side edge of said main body.

8. The breast pad recited in claim 6 or 7, wherein said elastic member is fixed to said liquid-absorbing member and said folded surface member, or said folded surface member and said waterproof member, in a state in which said elastic member is sandwiched therebetween at a side edge of said main body, and wherein both longitudinal opposite ends of said elastic member has portions not fixed to said main body.

9. The breast pad recited in claim 8, wherein said liquid-absorbing member is formed to be smaller than that of said waterproof member and that of said surface member at a region in which said opposite end portions of said elastic member are disposed, and wherein opposite end portions of said elastic member has portions not fixed to said waterproof member and said surface member.

10. The breast pad recited in any one of claims 6 ^a to ⁷ 8, wherein, at an approximately expanding center of said elastic member on side edge portions of said main body, said waterproof member has an area not fixed to said liquid-absorbing member and/or said surface member.